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Student Recreation Center

General Policies

1. All patrons must be at least 16 year of age to use the facility; guests must be 17. Excludes Aquatics programs. Exceptions may be made with prior approval.
2. Members are allotted 2 guest passes per day with a fee of \$8 per person for non-members. This includes individuals watching intramural games and special events.
3. All members must have their valid VSU ID to enter the building.
4. Individuals must gain access to the facility through the front doors and turnstiles unless approved for a special function (i.e. Sundeck)
5. Proper attire must be worn at all times in the SRC. (Proper attire will be determined by the specific area).
6. Food is allowed only in front lobby of the SRC unless approved for a special function (i.e. Sundeck).
7. Beverages in plastic containers with re-sealable caps are allowed. No glass containers are allowed in the SRC.
8. In compliance with House Bill 280: Anyone with a valid Georgia Weapons Carry License will be allowed to carry a handgun in a concealed manner on property owned or leased by public colleges and universities, with some exceptions. It will not allow any other type of gun to be carried around campus, nor will it allow handguns to be carried openly.
9. Consumption of, intoxication, appearance/smell of intoxication, or possession of alcohol will result in immediate removal from the SRC.
10. VSU and the SRC is a smoke free facility. Smoking, vaping, "Juul" or tobacco use in any form is prohibited.
11. Excessive abusive, vulgar, or degrading language will not be tolerated at the SRC and will be subject to removal of the facility and possible disciplinary action.
12. Facilities and equipment should be used only for their designed purpose.
13. If damages occur to the SRC equipment or facilities, the Member will be responsible for the cost of the repair or replacement.
14. Any individual not following appropriate policies or behaviors will be asked to leave the facility and possibly receive a suspension from the SRC.
15. No animals are allowed in the SRC with the exception of authorized service animals.
16. Any use of video and photography inside the recreation facility must be approved and obtain written consent by the Assistant director or Director of Campus Recreation.
17. The SRC is not responsible for lost or stolen articles. Do not bring valuables to the facility. Should you believe an item of yours to be stolen, you should immediately file a report with the Valdosta State Police Dept. in order to ensure a proper investigation is started.
 1. All "non-valuable" items found at the SRC will be held for 14 days and then discarded.
 2. "Valuable" items will be turned over to VSU Police (229-333-7816) immediately.
 3. You may pick up your lost items at the Front Desk of the SRC.
18. Any participant suspected, by a VSU Campus Recreation staff member, of sustaining a concussion or head injury while participating in a VSU Campus Recreation activity must follow VSU Campus Recreation Concussion management protocol.

Student Recreation Center Fitness Center Policies

1. Participants exercise at their own risk. Individuals are responsible for their own health and safety.
2. No cut-off shirts showing midriff or midsection exposing the rib cage, jeans or shorts/pants with zippers and/or buttons are permitted. Only full t-shirts, athletic shorts/pants and appropriate athletic tank tops.
3. No sandals, open-toed shoes, boots or slides. Full athletic footwear must be worn.
4. Belts are not allowed (this does not include weight lifting belts).
5. Towels are required for personal hygiene and equipment cleanliness. Please also use the provided gym wipes to clean equipment after use.
 - x If you forget your towel, you can purchase a towel contract for \$10.00 per semester
6. No bags are allowed in the upstairs weight room or track area. Please use the free day lockers provided on the first floor. If you are interested in renting a locker for the semester or year, please see the Front Desk about locker contract options.
7. Keep hands and feet clear of moving parts while machine is in use. Place hands and feet only on the handgrips and footpads provided. Please use machines and equipment only for their intended purpose.
8. Do not operate equipment if it has loose or damaged parts. If machine fails to operate correctly, do not attempt to repair. Notify an SRC employee of the problem immediately.
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Student Recreation Center Functional Training Room Policies

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Student Recreation Center Aerobics/ Group Fitness Room Policies

1. Members must wear proper attire. No cutoff shirts, flip flops, open toed, tap, or heeled shoes are permitted.
2. No one is allowed in the aerobics room while a class is in session unless they are participating in the class.
3. Members must check in with the front desk before using the aerobics room when classes are not in session. To reserve the aerobics room for an event, please make a request through the online reservation system (R25) at least 2 weeks in advance.
4. Individuals using the aerobics room must keep the blinds open at all

Student Recreation Center Pool Policies

It is the responsibility of all persons using the pool to familiarize themselves with and abide by the rules and policies established for this facility. All general facility rules apply to the natatorium, in addition to the following:

Lifeguards on duty must be obeyed at all times and under all conditions.

1. No one is allowed to swim or have access to the pool area or patio unless the pool is officially opened and a Valdosta State University appointed Lifeguard is on duty.
2. Only swim suits and t-shirts are permitted in the pool. No jeans, cut-offs, or other clothing allowed. The on-duty Lifeguard will determine whether (14.1 (w)-36 (i)-17.9 (u)-18.1 (a)-1g-20 (s)9)