

Recommended Health Protection Practices for Personnel Working with Rodents

ACTIVITY	RECOMMENDATION
Brief visual inspection (no direct animal contact)	Lab coat (launder separately)
Direct contact with rodents	Lab coat (launder separately) Powder-free exam gloves Hand sanitizing (min. 60% alcohol) if gloves not worn*
Cage change out	Lab coat (launder separately) Sturdy gloves Respirator if exposure to allergens must be minimized
Cage washing	Waterproof lab apron Sturdy gloves long enough to keep water out and prevent contact with chemical cleaning agents Eye protection against chemical splash
All species/activities	Use gloves (not hand sanitizing if you have cuts or abrasions on your hands) Wash hands thoroughly after removing gloves Wash hands before leaving facility